

## MEDICAL CONSULT CRITERIA

### Cardiovascular:

- Unstable coronary syndromes (i.e. unstable angina)
- Severe heart failure (i.e. ankle edema, ascites, shortness of breath)
- Significant arrhythmias (i.e. atrial fibrillation, heart block)
- Severe valvular disease (i.e. audible murmur, decompensation with exertion)
- MI, bypass surgery, cardiac stenting within the past 6 months
- Stroke within the past 6 months
- Blood pressure > 160/100
- Blood pressure < 90/60 with symptoms (i.e. lightheadedness or syncope)
- Pacemaker and/or implantable cardioverter/defibrillator
- History of prior subacute bacterial endocarditis
- Inability to walk up a flight of stairs with a bag of groceries (i.e. < 4 METS)

### Respiratory:

- Significant COPD (i.e. chronic shortness of breath)
- Poorly controlled asthma (i.e. active wheezing or frequent use of rescue inhaler)
- Hemoptysis

### CNS:

- Uncontrolled or frequent seizures

### Metabolic/Endocrine:

- Uncontrolled diabetes (i.e. blood glucose > 400, HbA1c > 10.5, history of hospitalizations or diabetic ketoacidosis)
- Clinically evident hyperthyroidism
- Pituitary disorders
- Adrenal suppression/insufficiency (i.e. Addison's disease)
- Morbid obesity (i.e. BMI >40)

### Hepatic:

- Cirrhosis
- Jaundice

### Symptomatic Infectious Diseases:

- Hepatitis C
- TB
- HIV/AIDS

### Renal:

- Renal failure
- Dialysis

### Hematology:

- Bleeding disorders
- Sickle cell disease
- Thrombocytopenia
- INR > 3.0

### GI:

- Bleeding within the past 6 months

### Transplants:

- History of organ transplant

### Allergy:

- Local anesthetics

*If you have any cases for which you are uncertain of appropriateness, please contact Southern Office-Based Anesthesia at (252) 213-8484. Case reviews will be provided to ensure the patients are scheduled in the best possible environment to ensure their safety.*